

SPIETH - rollable balance beam for training



Details

This SPIETH foam practice beam is the same length and width as a standard ladies beam: 5m long x 10cm wide x 2.5 cm thick

This plastic beam with elastic balancing surface provides a competition size beam for floor level practice.

Features:

- Ideal for practising at home
- Same shape as a real beam
- Easy to store away
- Elastic surface
- Safer practice at floor level