

# SPIETH - MultiMat for balance beam



## Details

The Spieth MultiMat is a multipurpose mat designed to be ideal for training for the balance beam and parallel bars.

The MultiMat is a soft safety mat with a high level of shock absorption and is made from high quality memory foam with an elastic stretch cover. This construction reduces the forces on the body & joints during the landing.

The Spieth MultiMat measures 1.5m x 1m x 15mm thick.

The MultiMat has good grip on one side and anti-slip on the other side

Features:

- Soft stretch cover: soft feeling and provides good grip for landings
- Excellent soft foam with a high shock absorption level
- Anti-slip bottom for good positioning
- Adapts easily to the apparatus on which it is positioned
- Also suitable for many other methodical exercises