

Impulse IT7 3D Smith Machine



Details

The Impulse IT7 3D Smith Machine is a great development of a traditional Smith Machine.

- Multi-planar movement pattern
- Allows forward/backwards movement unlike a traditional fixed Smith Machine
- Offers more freedom of movement and a closer replication of free weights movements
- Still provides the stability and support associated with the runner design of a Smith
- Comes equipped with weight bar and pull up attachments at the front

PLEASE NOTE: The Smith Machine does not come with any weight plates or benches which should be purchased separately if required