

# Impulse IT7 Seated Preacher Curl



## Details

The Impulse IT7 Range of Benches and Racks is a tried and tested choice for anyone looking to equip the strength area of a gym.

- Isolates the arms by removing the users ability to engage shoulders, back and hips in curling movements
- Comfortable padded seat and upper body rest
- Adjustable seat height and coloured adjustment points for easy identification
- Strong steel frame, powder coated for corrosion resistance
- Bar holder in the extended position suitable for straight or curl bars