

## **Multi Adjustable Bench**



## **Details**

The Multi-Adjustable Bench is ideal for any commercial gym or for home use.

With a range of movement of the backrest from  $-10^{\circ}$  to  $+80^{\circ}$  (in 7 steps) enable incline, flat, and decline workouts allowing users to target specific muscle groups.

The bench comes with black, high-quality upholstery, a silver, matt metallic frame, and the moving parts are identified clearly by a bold red metallic finish (red accent not shown on the above image) with yellow handles.

The seat has 5 levels of adjustment angling upwards giving more support as the backrest inclines.

The bench comes with two transportation wheels and also has a large handle making relocation of the bench easy and safe.

The bench also has feet covers which protect the bench and the floor from any damage.