

# VERSA - Seated Leg Curl



## Details

The attractive full commercial quality VERSA range from Matrix features:

- Consistent weight stack height across the range for a sleek, uniform looking fitness suite
- Action specific ergonomically designed grips
- Gas-assisted seat adjustment for smoother and easier height adjustment
- Electronic rep counter and timer to track rep numbers, rest and exercise times
- Ergonomic adjustment handles for ease of use
- Heavy weight stack providing suitable challenge for all levels of users
- Incremental weights for micro-adjustment between major plates

This Seated Leg Curl machine features:

- Adjustable thigh pad provides stabilization during exercise
- Back pad ratchets forward for easy adjustment from the seated position
- Tibia pad and range of motion adjustments are easily accessible from a seated position
- Angled seat and unique pivot location for full hamstring contraction
- Weight stack: 91kg (200lb)
- Incremental weight: 2.3kg (5lb)