Krankcycle



Details

The Krankcycle® is an upper-body stationary cycle with independent crank arms, enabling forward and reverse movements.

Comfortable and easy to use, it allows users to train with a single arm or to integrate their entire upper body to build aerobic capacity, functional strength and endurance at higher RPMs.

Features:

- Independent crank arms for greater variety ofmovement to keep users engaged
- Ergonomically designed saddle allows easy transition between seated and standing exercise positions
- Adjustable crank arm height encourages greater range of muscle activation
- Crank and flywheel assembly rotates to accommodate forward and reverse movements
- Narrow crank axis allows for higher RPMs, increasing speed and endurance
- Wheelchair accessible when purchased without the seat