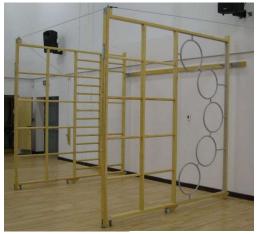


# www.continentalsports.co.uk

# WALL HINGED TIMBER APPARATUS WITH OVERHEAD BRACING WIRES







**IMPORTANT:** Prior to use, visually check over the frame for any flaws. Take the frame out of use if defective and contact Continental Sports

## TO SET FRAMES UP FOR USE

- 1. The frame/frames are in their stored position against the wall
- 2. Lift the shootbolts on the frame uprights from the keeper plates in the floor
- 3. For climbing frames only pull down on the ring which has a vertical cord attached to a high level spring loaded locking bolt on the stile furthest from the wall. The frame will be released from the storage bracket
- 4. Hold onto the upright furthest from the wall (if a pair of frames are involved then two people will be required) and take it around to stand at right angles to the wall. Ensure that the transporter wheels are operating to prevent damage to the floor
- 5. While carrying out the above part of the operation keep a watch on the overhead cables to ensure they do not snag and also when near to having the frame in its final position look out for the keeper plate in the floor

- 6. Align the shootbolts with the plates and push the shootbolts down fully
- 7. Walk over to the wall where the timber bearer and tension clamp are situated. Pull the lanyard cord down towards the floor until the eyelet on the end of the wire can located onto the pin on the clamp handle when it is horizontal
- 8. Push the handle down until it is vertical, back against the timber bearer. The overhead bracing wires will now be taut.
- 9. It is essential to check for frayed ropes and wires. These should be replaced at the earliest opportunity. Any other worn parts should also be replaced.

### FOR HINGED BEAM UNITS THE FOLLOWING ADDITIONAL OPERATIONS APPLY:

- Unwrap the control ropes from the cleats on the side of the upright nearest to the wall.
- 2. Select a numbered hole on the two uprights and fit a zinc plated pin through each.
- 3. Choose the control ropes for the lower beam and using two hands to prevent the rope twisting pull the rope down for the beam to rest onto the two pins.
- 4. Keep the ropes tight and wrap them around the cleat on the upright.
- 5. To keep the beam stable, use wedges (stored on each upright) forced down in the gap between the inside of the upright and the side of the beam.
- 6. Repeat the above procedure for the upper beam, if required, into different holes in the two uprights.

### TO FOLD FRAMES FOR STORAGE

1. Reverse the above instructions

See recommendations in the Continental maintenance manual concerning regular maintenance inspections and reports.